

# Kamapavata ( Parkinson's disease)

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## **Kampavata:**

### **Introduction**

Kampavata is one among vataja nanatmaja vyadhi explained by acharya charka in sutrasthana while explaining the ashitirvatavikara Cha.Su 20. It also is explained in the name of Vepathu by various other acharyas for the disease Kampavata.

We don't find much reference in Vedic literature pertaining to Kampavata & Vepathu one reference in rigveda that is Indra suffered with the disease Vepathu and in atharvaveda we get the reference of Vepathu.

वेपथुः पुं कम्पः ।

वेपनं कम्पनम् ।

शब्दरत्नावलि

कम्पः- न कम्पो वायुना विना इति वैध्यकम् ॥

शब्दकल्पद्रुम

**Kampavata-**, Madhavanidhana, Basavarajeeyam

**Vepathu-**Charakasamhita, Gadanigraha, Vangasen, Kashyapasamhita, Yogaratnakara

**Snayugatavata-** Kampa and Sthambha **Cha.Chi, Su.Ni. Bhavaprakasha, Chakradatta**

### **In Ayurveda various name:**

- Kampavata (tremors due to vata),
- Vepathu (shaking, as in being off track or out of alignment),
- Prevepana (excessive shaking),
- Sirakampa (head tremor),
- Kampavata

### Kampavata Lakshana:

सर्वनाकम्पःशिरसो वायुर्वेपथु संज्ञतः। मा.नि , यो.र , ग.नि, वन्गसेन,

Sarvanga Kampa or kevala Shirakampa is said to be Kampavata. Acharya Yogaratnakara, also opines the same as that of Madhavakara instead of Kampavata acharya Yogaranakara said as Sarvangakampavata lakshana. Acharya Charaka and Vangasen used Vepathu instead of Kamapavata and explained same lakshnas as that of Kampavata.

Shirasahakampa iti shira ityavayavopalakshanam tene hastaderapi kampa-Vepathu ityarthaha-Madhukosha.  
Madhukosha commentary on Madhavakara added shiraha iti hastadikampa is also considered.

### Kampavata Lakshana:

करपादतले कम्पो देहभ्रमणदुखिते ।  
निद्रभन्नो मतिःक्षीणा कम्पवातस्य लक्षणम् ॥

बसवराजियम्

Kamapa in Hasta and Pada,  
Dehabhramana,  
Nidranasha and  
Bhudhiksahya are the lakshanas of Kampavata. **Basavarajeeyam**

### बाहु कम्पवातस्य लक्षणम्

एकबाहुप्रकम्पच्च विकारच्चापि देहिनाम् ।  
महादुखं दिवारत्रौ बाहुकम्पस्य लक्षणम् ॥

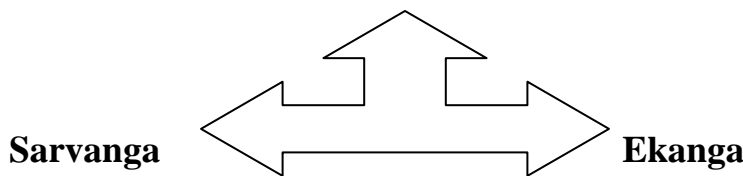
बसवराजियम्

Kamapa in one side of the Bahu, Mahadhukha and this Bahukampa present in Day and Night. **Basavarajeeyam**

### Shirakampa:

In take of Ruksha anna continuously and because of udaavartha vitiated vayu become urdhvamuksha ashraya produces Shirakampa. **Bhe.Sam.Chi.23**

### Kampavata Bedha



## **Parkinson's disease:**

A degenerative disorder of the central nervous system characterized by tremor and impaired muscular coordination.

### **Features**

Tremor- Pill rolling

Rigidity,

Akinesia, slowing movement /Motionlessness attributable to a temporary paralysis

Postural changes- Festinating gait

Other symptoms-heratburn, dribbling, dysphagia, constipation & weight loss, urinary difficulties,exess sweating

Bradykinesia -A symptom of Parkinsonism comprising a difficulty in initiating movements and slowness in executing movements.

### **Parkinson's disease:**

#### **1) Motor symptoms**

Bradykinesia- difficulty in initiating movements and slowness in executing movements.

Difficulty in getting from chair

Hypophonia

Tremor-Pill rolling

Rigidity

Cogwheeling sensation

Dystonia- muscle dysfunction characterized by spasms or abnormal muscle contraction.

#### **2) Non motor symptoms**

Depression & Anxiety

Cognitive impairment

Sleep disturbance

Sensory abnormality & Pain

Loss of Smell

#### **3) Neuropsychiatric symptoms**

Chnge in Mood

Cognition- he mental processes by which knowledge is acquired. These include perception, reasoning, acts of creativity, problem-solving, and possibly intuition

Behavior are accompaniment

## Kampavata Chikitsa:

### Chikitsasutra

Swedana

Abhyanga- Shacharataila, Mashataila, Datturataila, Karpasatailam

Anuvasana- Mashataila,

Niruhabasti

Shirobasti

Virechana

### Yogas:

Brihatchagaladhyaghrita-Dahsamula, Triphala, Ashvagandha, Shathavari

Hastakampa, Shirahakampa.. Rasayana **AFI**

Brihatamashataila- Bala, Masha, Tilataila, Rasna... Hastakampa, Shirahakampa

**A.H.C.21/66**

Sahacharaditaila-Sahachara, Dashamula... **kampa Sha, Sam**

Sarvamyantakaghrita- Kampa **Sahasrayogam**

Trigunaras-Shirakampa- **Sahasrayogam**

Ajamasaghrita- Kampa- **Sahasrayogam**

Datturataila- Shirahakampa **Sahasrayogam**

Vijayabhairavaras- Suta, Tamra bhavani with Gokshura **Basavarajeeyam**

Mashataila- **Basti** prayoga Baahukampavata **Basavarajeeyam**

Karpasatailam – Baahu kampavata **Basavarajeeyam**

Prathama-Hasta, Bahu, Shirahakampa -Chaturtha Mashataila **Chakradatta**

Brihanmashataila-Hasta, Shirakampa **Vangasen**

Nakulataila-**Bhaishjyarnavalli**

Nakulagrita –**Bhaishjyarnavalli**

Brihatchagaladyaghrita- **Bhaishjyarnavalli**

Varunitaila- **Sharangadharasamhita**

Sarvanagakampariras- **Bhaishjyarnavalli**

Maharasanadikwatha- Sarvangakampa- **Sahasrayogam**

Dwitiya Mashataila – Pana, Abhyanga, Basti, Nasya Hastakampa, Sirakampa

**Chakradatta**

Tritiyamashataila-Basti, Nasya, Pariseka - Bhujakampa, Sirakampa **Chakradatta**

Saptaprastha mahamashataila-Basti, Abhyanga, Pana, Navana Hastakampa, Sirakampa

**Chakradatta**

Sahacharadyataila- Shirakampa **Vangasen**

Mashataila- Hastakampa, Sirakampa **Vangasen**

**Mahamashataila-** Hastakampa, Sirakampa, Gatrakampa **Vangasen**

**Brihanmashataila -** Basti, Abhyanga, Pana, Navana Hastakampa, Sirakampa **Vangasen**

Rasnataila-Gatrakampa **Bhe.Sam.Chi.23**

## **Research**

Parkinson's, 'Kampavata' was treated with a plant, *Mucuna pruriens*, Kapikacchu which was in retrospect shown to be a source of *L-dopa* a dopamine precursor that remains to be the main-line of treatment to thi

The patient within the history of 6 month will have encouraging improvement. More than 1year history will take more time to improve.

Almost all Shodhana modalities are explained except Vaman by the achayas as per the patients condition proper Panchakarma therapy is to be selected.

In Chronic conditions of Kampavata required Shodhana chikitsa especially Bastikarma with Mashataila and Brihana Masha taila followed by Shamanayogas will give fruitful results.

### **Medicine prepared out of**

Bala

Ashvaganda

KapikcchuThe herb atmagupta (*Mucuna Pruriens* - also known as Kappikacchu

Shatavari

Guduchi Rejuvenative, Nourishnig effect.

The medicine which will act on Masthishkya...Yastimadhu, Jyothishmati....sidha aushadha

### **Referances:**

**Shabdhakalpadruma**

**Charakasamhita**

**Sushrutasamhita**

**Yogaratanakara**

**Vangasena**

**Bhaishjyاراتnavalli**

**Bhavaprakasha**

**Madhavanidana**

**Chakradatta**

**Gadanigraha**

**Basavarajeeyam**

**Bhelasamhita**

**Ashthangasangraha**

**Ashthangahrudaya**

**Sahasrayoga**

**Sharangadharasamhita**

**Harrison's Medicine**